

# Phase 1 Reopening of Pulte Family Life Center Rules and Regulations



Last Updated: 6/1/20

## Background

Due to the COVID-19 Outbreak, the Centers for Disease Control and Prevention (CDC), the State of Florida, and the Diocese of Venice all provided guidance to close all facilities and activities on the campus of Saint John the Evangelist Catholic Church. This included our Pulte Family Life Center (PFLC), a gym and wellness facility that provides youth and adults various programs for their physical, mental, social, and spiritual growth. Our Catholic Youth Organization (CYO) and Catholic Adult Organization (CAO) programs were halted until further notice.

The Governor has now authorized the opening of gyms as long as they provide appropriate social distancing and cleaning procedures, as well as the availability of summer camps throughout the state. Saint John would like to open the Life Center again in a very limited capacity during Phase 1 of Florida's Recovery, utilizing the below Rules and Regulations.

## Hours of Operation

The Pulte Family Life Center will be open from 7 AM to 1 PM Monday-Friday for Access by Members Only. CYO and CAO Activities can occur at various times based on an authorized instructor's presence, and only the participants in that activity would have access during any off hours.

## Capacity

The Pulte Family Life Center will have a maximum of 25 people in the facility at any one time. This is inclusive of the staff required to ensure compliance with these rules and regulations, as well as any cleaning or disinfecting required for operations. The breakdown of the capacity limits are:

- Gym: 10 People Maximum
- Nazareth 10 People Maximum
- Boneyard: 5 People Maximum
- Cardio Room: 5 People Maximum

## Access

All access to and from the Pulte Family Life Center will be through the Front Doors of the building. Any propping open of doors or use of any other entrances/exits other than due to an emergency immediately terminates the membership of the individual.

All individuals who wish to use the Life Center must be members with an active 2020 Usage Agreement. A staff member will be stationed at the Front Office of the PFLC at all times to check for fobs and ensure the member signs in with their names for access to the building. If the maximum capacity of the building has been reached, the staff member will request the individual wait outside until another member leaves. The Sign-Up procedure is:

1. Sign-Ups will be constructed by first come, first serve basis for 30-minute increments (2 reservations at a time maximum) and will be communicated via text message.
2. All Sign-Up participants must wait in their car for communication of their spot in the Life Center.
3. If they have not arrived to check in within 5 minutes of being alerted, their spot is voided and given to the next Sign-Up member, negating their spot on the list.

## Usage

If you have any illness of any kind, or are exhibiting any symptoms, please stay home. If you have been sick, please do not use the Pulte Family Life Center for 2 weeks after your symptoms have passed.

If you are “at risk”, including over the age of 65, have an underlying health condition, or are taking care of a loved one that is at risk, please consider staying home.

All tables and chairs will be removed from the PFLC. Members are to use the facility for their wellness activities only, not for socializing or refreshments.

Vending Machines will remain off, and only water via the members own bottles will be allowed in the building. Bottles may be refilled at the water fountains.

Usage is limited to staff and existing PFLC members only. No guests will be permitted during this time. 2020 Usage Agreements will be evaluated and checked. No weekly “Try-Out” memberships will be provided at this time. If a visitor would like to sign up as a member, they will be directed to the Parish Activity Center Front Office, where the Usage Agreement and Payment can be finalized.

All participants are to remain at a safe 6-foot distance from each other while working out. This is inclusive of all equipment usage locations as well as in open spaces. If a machine is in use, please do not use the immediately adjacent machine(s).

All Participants in activities, especially physical fitness or sporting efforts, are not required to wear masks, but all coaches, trainers, and other by-standers (parents, spectators, etc.) must wear masks the entire time they are within the Life Center per CDC Guidance for sporting activities: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

All machines, weights, bands, equipment, etc. are to be wiped down immediately before and after using them.

All equipment must be returned to its original location after usage

There will be no group training sessions or activities. Individuals who are training together must be of the same household or related and in a group of 3 or less.

All personal training is to be conducted in a safe and distant manner for the protection of both parties involved.

Group CYO and CAO activities like fencing and pickleball must maintain the maximum capacity of the room they are using, ensure proper social distancing, and sanitation to meet or exceed CDC Guidance for Fitness Facilities. The instructor or leader of that activity will be responsible for the state of the facility. If it is found to be out of compliance, the activity will be cancelled.

**Indemnification**

In consideration of my participation in the Pulte Family Life Center, I hereby release, forever discharge, and agree to indemnify and to hold harmless the Parish, and the Diocese of Venice in Florida, their officers, directors, employees, clergy, agents, contractors, subcontractors, partners and volunteers, from and against any and all liability, claims, personal injury, sickness, or death, as well as property damages an expenses, and including, without limitation, attorney fees and court costs, and any and all other liabilities of any nature whatsoever which may be incurred by me or which may arise from my participation in the Program.

**Consequences for Non-Compliance**

Failure to follow any of the above policies and procedures, the guidelines laid out by the 2020 PFLC Usage agreement, or any verbal directions from the Saint John staff member who is managing the Life Center will result in removal from the facility, termination of entire family membership without refund, and possible permanent expulsion from the PFLC.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

If Member is a Minor, Signature of Authorized Parent or Guardian: \_\_\_\_\_